



Dear Friend,

Thank you for being interested in joining our efforts to restore our community one by one. You're coming into this program to let God change your life. This journey will not be easy and at times extremely difficult. I encourage you to look at it as an investment. Investments take up front costs- but in the end, you have a great payout. Investing the next year to change the rest of your life is a great investment. As you approach graduation, you will find yourself equipped, trained, and ready to be led by the Holy Spirit to impact others in your life. Be encouraged because God has a plan for you (Jeremiah 29:11).

If you are weary, you will find rest in Jesus Christ at One Eighty. During your stay, do not put your faith in this "program", or the leadership, but put your faith in the One that holds the power to change your life forever, Jesus Christ.

Thank you and God Bless!

### Who We Are and What We Do

**Vision Statement:** To bring love, hope and opportunity to those in crisis situations.

**How:** We will rely on prayer and the Word of God to transform the lives of men and women into their destinies. We will utilize hands-on discipleship methods for helping them overcome their addictions, habits, and struggles. We will accomplish this by allowing God to use us to restore lives, purify hearts, and disciple them into Godly men and women, through Jesus Christ.

Then the King will say, "Enter, you who are blessed by my Father!  
Take what's coming to you in this kingdom.  
It's been ready for you since the world's foundation. And here's why:  
I was hungry and you fed me,  
I was thirsty and you gave me a drink,  
I was homeless and you gave me clothes,  
I was sick and you stopped to visit,  
I was in prison and you came to me."  
Matthew 25:34-36(TMSG)

"Take a good, hard look at your life. Think it over." Haggai 1:7 (TMSG)

Updated July 2023

## **Residential Overview**

One Eighty's residential program is a 14 month program, however, it is an individualized program and often times can last longer. Before residents are allowed to be promoted to the next phase, an evaluation and approval must first come from the One Eighty leadership team and staff.

### **Brief Description of the Phases and Goals of the One Eighty Residential Facilities**

The program is designed as a 6 phase program including an Assessment Phase and a Graduation Phase. The Assessment Phase is to determine at a minimum of 15 days and a maximum of 45 days whether the resident is a "good fit" for our program. During this time, their enrollment within our program can be terminated at any time. There is no maximum to the program; however, there is an evaluation for any resident who is there longer than 14 months.

### **Resident Phases**

A resident must meet length requirement and also the principle requirement to be moved from phase to phase. Below is a description of the phase and what it entails.

#### **Assessment Phase (1-2months)**

##### **Principle resident must have to be eligible: Willingness**

This is our entry phase where men and women come to us from a variety of situations in life. During this period, we welcome, feed, house, start the career training program and begin to engage in life together with other residents. The residents are introduced to an assessment mentor within the first two to three weeks of their stay, and we begin addressing their immediate needs and connecting them with appropriate agencies or individuals. Our goals in assessment are to secure a safe and healthy environment for our residents to have every opportunity in which to thrive and become all that God has for them. We will encourage the building of a solid foundation in Christ. Upon completion of assessment, residents will have an appropriate photo ID, have medical services, access to transportation and begin to acquire tools for living a healthy lifestyle, and with a positive assessment they will be invited to enter Phase 1.

#### **Phase 1 (1-2months):**

**Minimum Time in the Program to Begin this Phase: 1 month**

##### **Principle resident must have to be eligible: Honesty**

Each resident will continue to work on building a strong spiritual foundation along with healthy personal relationships, acquire new life skills, and continue to participate in the daily routine and career training program. During this phase, each resident will work on establishing a mutual, nurturing relationship with their mentor which will continue beyond the graduation and establish personal goals to work through during their time together.

#### **Phase 2 (2-3 months):**

**Minimum Time in the Program to Begin this Phase: 2 months**

##### **Principle resident must have to be eligible: Teachable**

This phase will mostly be a continuation of Phase 1 with a few added responsibilities and privileges. Each resident will continue to follow the daily scheduling which will include the career training program, Bible studies, required classes, and working on goals with mentor and staff.

**Phase 3 (3-4 months):** **Minimum Time in the Program to Begin this Phase: 4 months**

**Principle resident must have to be eligible: Trustworthy**

The focus of this phase is two-fold. First, residents will continue to work on personal growth through class work, career training program participation, and addressing individualized goals. Secondly, residents will begin assessing their level of readiness for entering the work force along with staff and the leadership team. An individualized plan for branching out into work will be developed. It will be determined by staff whether a resident is ready to search for a part-time or full time job or if there needs to be more focused time on personal goals before they are released to look for a job. When allowed to look for a job, residents will continue in the career training program while looking for work 2 mornings a week during career training program time. Just because a job is made available, it doesn't mean it will be allowed. All jobs must be first approved by staff prior to accepting a position and the resident will not begin work until they enter Phase 4. Side jobs are allowed during Phase 3 and will need to be approved on a case by case basis. Side jobs must be outside of class and career training program time and also be approved by Enterprise Coordinator and Residential Supervisors.

**Phase 4 (4-5 months):** **Minimum Time in the Program to Begin this Phase: 7 months**

**Principle resident must have to be eligible: Quality**

During this phase residents will continue in the program and attend evening classes at the campus while being able to work in a job outside of the One Eighty enterprises. School is also an option during phase four as long as the resident is still able to maintain employment. In this phase residents work on establishing a work routine and continue completing required classes and any other additional assignments and goals established by the House Supervisor.

Our goals in Phases 3 and 4 are to continue encouraging a strong spiritual foundation and lay a strong base for a continued walk in emotional healing and personal development while overcoming addictions and unhealthy lifestyles. We'll engage in a collaborative effort to help attain excellence in employment and aid in preparation to engage life as a valued asset in society. Some residents may be given an opportunity to participate in our apprenticeship program if the potential is displayed and he/she is nominated and approved by the staff and leadership teams.

**Graduation Phase (2-3 months):** **Minimum Time in the Program to Begin this Phase: 11 months**

**Principle resident must have to be eligible: Connectedness**

At the beginning of Graduation Phase, residents may move into our stability housing or move into their own apartment if it has been approved by leadership. During this phase, residents learn to be more independent while still being connected, and we want to see a strong network of support available for continual support. Each resident is responsible to reach out and keep connected to these important relationships. Weekly church attendance is required as well as attending the Alumni Group events. Before graduation and with the assistance of the supervisors and their mentor, each resident will develop a relapse prevention plan including a support system and connection with a local church.

**Graduation of the Program**

Graduates continue to be a part of the One Eighty family and are encouraged to stay connected by attending Alumni and other events and groups available for graduates as well as visiting the campus. Graduates may be accepted into our stability housing program which provides affordable housing with increased connectedness and accountability.

## **Career Training Program and One Eighty Enterprises:**

**Career Training Program:** This aspect of our program has been designed and developed to assist our residents in closing the “job gaps” that may appear in their work history. We also desire to give opportunities and teach them skills that will broaden their scope when looking for gainful employment later in their program. The career training program also helps assist the ministry in becoming and remaining financially self-sustaining. The first 8-10 weeks of participation in the career training program will be considered community service time in order to give back to the ministry. As the residents progress into Phase 2, they could potentially earn a small stipend check from the career training program which will be based on percentages of time spent and work accomplished.

Residents are enrolled in our Career Training Program working with the One Eighty Enterprises from assessment phase through Phase 3. The Career Training Program will be approximately 25-30 hours a week and residents must be physically able to work that number of hours. In Phase 3, they begin looking for work and continue to work in the career training program. Beginning in Phase 4, they are allowed to have outside work.

**Classroom:** Residents complete classroom work to improve their skill set and experience. These classes include:

Life Skills covering topics of such as nutrition, the Church, investment and insurance, and government

Finance classes that teach money management, budgeting, debt reduction, credit and preventing identity theft

Relationships classes that help learn what is a healthy relationship and couple classes as needed

Employment preparation class to develop a cover letter and resume and preparing for a job interview

The TURN which is a bible study that focuses on the 12 steps

Genesis Process relapse prevention and recovery skills

Ultimate Journey looks back on what has brought you to this point and find healing through a relationship with God

**Apprenticeship Program:** Offered to those who show the interest and potential to work for One Eighty in some capacity in the future. One Eighty recognizes it is not our duty to call someone to ministry, but to recognize the calling God may have on their life. If One Eighty staff feels a resident could possess the will and ability to either work within One Eighty or another ministry position outside of One Eighty, they can be accepted into our Apprenticeship Program. In order to be eligible they must be in Phase 3 or 4, be nominated by a staff person, and accept the conditions presented.

**Entrepreneurship:** We see entrepreneurship as a valuable choice of employment. If residents show interest and the potential, an entrepreneurship could be made possible through One Eighty. They first must complete our Apprenticeship Program and then present a business plan to develop a One Eighty Enterprise.

**GED/HISET:** If a resident would like to earn a GED, we will assist them in connecting with the HISET program at EICC.

**College Courses:** Residents may take college courses during Phase 4 if they are also employed.

## One Eighty General Information

We cooperate with local probation and parole services. We also collaborate with local social agencies to provide individualized support and to meet specific goals.

You will be provided with a bed, bedding, towels, clothing, and personal hygiene items. All essential needs are met. Other household items are shared. One Eighty has staff to assist with supervising and implementing the rules and home upkeep, so that the facility can be a home to those who have nowhere to turn. We believe this environment will give you a sense of “family”. If needed, clothes can be provided by donations.

### In-Home Services:

**There will be an established daily schedule that each resident will follow, which will include but is not limited to the following:**

Bible Studies, Group Daily Devotions, Church, Grocery Shopping, Events and Social Outings, Exercise Opportunities  
Classes on topics like: Relationships, Employment Preparation, Emotional Healing, Relapse Prevention, Budgeting, Finances, Health and Nutrition, etc.

### Other services available include:

**Gambling Recovery Support:** For individuals who come into our program with gambling addictions, we have a volunteer Gambling Recovery Counselor available for therapy and support to family of the resident.

**Mental Health Liaison:** The Mental Health Liaison meets with residents one on one to help them work through issues they are facing and discuss any concerns they may have.

**Veteran Liaison:** Our Veteran Liaison assists residents who are Veterans by connecting them to the various resources available to them.

**Alumni Group:** One Eighty has established an Alumni Group to provide a safe and supportive place for individuals who are in Graduation Phase or have graduated our program and are striving for a sober, accountable, abundant life with Christ.

**Support Group for Families:** It’s not easy having a loved one struggling with addiction or other personal issues. We want to provide a resource for families to be able to share struggles and find encouragement together. We offer a 13 week Bible study group, the Turn, which families of our residents may attend for education and support.

**Mentoring:** A mentor will be assigned to each resident to come alongside and support in friendship and partnering with them to work on goals. The mentor will partner with the staff to help the resident meet their goals.

**Leadership Team:** Both the men’s and women’s home have a leadership team that includes staff, volunteers, and mentors who make decisions regarding how the residents progress through the program including but not limited to whether a resident moves forward in the program, repeats a phase in the program, is ready to graduate or if they are asked to leave based on not complying with the requirements of the program.

## Program Guidelines:

1. Unapproved absences from One Eighty without notice will convey that the resident no longer resides at the One Eighty facility. He/She will have 48 hours to pick up all belongings and money (time to obtain money may be extended base on business hours). All belongings will be donated if they are not picked up within 48 hours of leaving unless other arrangements are approved by the supervisor. \_\_\_\_\_ initial
2. Everyone will enter the Residential Program in the Assessment Phase with an opportunity to move into Phase 1 after 15-45 days if the assessment is favorable. From that point, the resident may progress at his/her own pace through the remaining phases. Each person is working an individualized program. Residents should not compare themselves to others or their program; theirs has been designed especially for them. Each resident will be required to follow his/her daily schedule. It will protect them from temptations while they learn to make new choices and achieve lifelong direction.
3. Applicants must disclose all current or past legal problems, upcoming court dates, charges, court fines, legal fees, parole rules and probation rules, DHS involvement, custodial agreements. Residents must be willing to sign releases of information for these issues as well. \_\_\_\_\_ initial
4. At entry, all personal belongings will go through inspection. We will conduct random room, personal, and belonging inspections at our discretion.
5. Our residents are protected under the Americans with Disabilities Act.

## House Rules:

1. When given permission to use something or do something once, that doesn't necessarily mean residents can use it at their discretion. Residents should ask each time for special permission or to use that item.
2. TV, videos, and movie watching, along with choices in music, must be approved by staff.
3. No guests of the opposite sex are allowed on the property without prior approval by the supervisor.
4. Utilities should not be wasted. Residents should turn off lights when leaving rooms, and they should not leave water running unnecessarily.
5. If the smoke alarm goes off, residents will vacate the building and go to the designated area.
6. Residents should be considerate of others by keeping their shower and time in getting ready in the bathroom short.
7. All food is stored in the kitchen or pantry. Do not take anyone's food without asking.
8. All eating is to be done in the dining room. Drinks are allowed in other areas of the facility, except bedrooms.
9. Residents will clean up after themselves and their children.
10. No dating is allowed for residents while in this program. (See additional explanation)
11. Growing spiritually and developing a relationship to Christ is a resident's responsibility. It will only happen if residents apply what they are reading, hearing, and learning.
12. A kind and courteous attitude is expected at all times. (see 1 Thessalonians 5:15.)
13. No verbal abuse, threats, or violence will be tolerated at One Eighty. (See Proverbs 25:11)
14. Gripping, negative talk, criticism, complaining, fault finding and foul language will not be tolerated. (Ephesians 4:29)
15. Elaborate and unnecessary discussion about past addictions and old habits is not allowed.
16. Stealing will not be tolerated at One Eighty. Borrowing is strongly discouraged as at times items are not returned in the same conditions or not returned at all. Residents must keep all personal belongings in their rooms. Respect for others belongings is required. (See Exodus 20:15; Proverbs 22:7.)
17. Failure to turn in a resident who violates the rules will result in receiving the same punishment. (See 1 Corinthians 14:25; 1 Corinthians 4:2) \_\_\_\_\_ initial

1.

### **General Guidelines Continued:**

18. When staff members are in the office, residents are required to knock and acknowledged before entering.
19. The house supervisor will pick up the mail and dispense it to the residents.
20. There is absolutely no smoking inside. Smoking is allowed in the outside smoking areas, and all cigarette butts shall be put in a can. There is absolutely no vaping allowed in the house.
21. No animals are allowed in the house.
22. Burning incense is not permitted
23. Burning candles is not permitted.

### **Day to Day:**

1. At the end of each phase, each resident will meet with the house supervisor to discuss setting goals or needs that should be addressed while working through the next phases. If possible the mentor will be present as well.
2. Vehicles are only allowed at One Eighty upon approval and if parking is available. Residents who enter the program and own a vehicle must park it and turn in the keys to the office. Once the resident has completed Phase 3, has a valid driver's license, proof of current insurance, and a steady income in order to maintain the upkeep, gas, and insurance for that vehicle, he/she may drive it. All vehicles must be titled in the name of the resident only.
3. Bedrooms are off limits during the daytime except for occasional approval from staff when sickness is involved. When residents are too sick to work their program or attend worship, they will be required to spend the day in their room (unless at a doctor's appointment) except for meal times. They are also allowed the same amount of smoke breaks as they would be during the day, however, those smoke breaks cannot be taken during scheduled classroom time. In addition, residents will not be allowed to take naps in the living areas during the day even if it is not during work program hours, unless it is on Friday afternoon and there are no other activities/classes/Bible studies going on during that time.
4. Each day residents will be attending classes that will help them to lay their spiritual foundation. They will attend all classes and outings on time.
5. Residents are required to attend church Sunday mornings and choose from a list of churches approved by leadership.
6. Curfew is 9:00 p.m. every night and all residents must be in their rooms with lights out by 10:00 p.m on work nights. Residents are not allowed to sleep in the living areas.
7. Residents must dress appropriately for the occasion. Any concerns about attire will be addressed by staff and they will determine what is appropriate dress for the occasion. \_\_\_\_\_ initial
8. Call to set up all appointments yourself (doctors' appointments, dentist appointments, etc.) and then coordinate transportation from the volunteer ride list or through your insurance.

### **Drug and other substance use/Intoxication:**

1. No alcohol, drugs, or drug paraphernalia will be allowed. If a resident is under suspicion of drug use, he/she will be tested. A positive test could result in probation or termination of the program.
2. Random drug and alcohol screenings will be conducted throughout the year.
3. Random personal searches will be conducted when residents return to the house from various outings.
4. All residents agree not to participate in the use of or have the possession of any intoxicants, illegal drugs, prescription drugs not prescribed to that resident and other substances deemed off limits such as but not limited to CBD, Kratom, inhalants, Kava, diet pills, etc. Gambling is also not allowed. (See Romans 12:1)

## **General Guidelines Continued:**

### **Mentors:**

1. Contacting your mentor is the resident's responsibility.
2. Call your mentor to plan rides for other activities at least 24-48 hours in advance.
3. Do not ask your mentor to make any purchases for you and do not use your mentor's phone.

### **Medication:**

1. All medication, prescription, and over the counter medications including Tylenol, Ibuprofen, etc. are to be counted and documented at the time of ENTRY. They will be made available daily.
2. Medications will be locked up and resident's weekly amounts will be filled once a week. Medications that are controlled substances may be locked up and dispensed once per day or as prescribed. No medications are to be shared.
3. On the intake, all applicants must provide a complete list of all medications and physician's names. They are required to disclose all medical problems. Staff must be informed of any changes in medical conditions and medications by the physicians. Residents must be willing to sign a Release of Information form. \_\_\_\_\_ initial

### **Weekend Visits and Passes:**

1. During Assessment Phase, a resident will not be permitted to have visits with any family members or acquaintances. Children and spouses may visit during the designated visiting hours. All other visitors once approved will only be allowed to visit beginning in phase 1.
2. In Phase 1 family visitation time will be on Saturdays and Sundays. In Phase 2 the residents may leave the facility on a weekend for 3-4 hours with someone who has been approved by the supervisor.
3. During Phase 1 and Phase 2 residents will not be allowed to leave One Eighty property unless they are accompanied by a mentor, approved family member or assigned accountability partner. During this time no unplanned stops or non-approved phone calls are allowed.
4. During Assessment Phase—Phase 2, residents will not be allowed to leave the facility overnight unless special pre-approval has been given.
5. In phase 3 and if the resident has a cell phone with the Life 360 app, the resident may leave the property overnight, three nights per month and be with a pre-approved accountability for up to 8 hours on Saturday or Sunday. All requests for departures must be turned in for approval in advance. However, all visits/passes must be approved and are at the staff's discretion.
6. In phase 4 residents are also allowed overnight passes each weekend (Friday-Sunday) as long as they attend church on Sunday. The only exception is if all the One Eighty residents invited to attend a special service or church together.
7. Friday evenings are reserved for One Eighty Family Nights. This includes dinners, guest speakers, prayer nights, graduations, and special events. No passes are approved during this time if an event is scheduled. A lack of cooperation or violation of these guidelines could result in privileges being revoked.
8. All visits and passes are given at the discretion of the staff and special circumstances may allow for an increase or decrease in visits or passes.



## **Children:**

1. Children are the sole responsibility of the parent while on One Eighty properties.
2. No resident is allowed to babysit for another resident or for anyone else on the property unless there is pre-approval from the staff.
3. Residents and their children are to be in the same vicinity at all times.
4. It is not One Eighty's duty to transport kids to and from church or our facilities. Residents must schedule their own approved transportation of the children.

## **Financial Information:**

1. The Assessment Phase and Phase 1 of the program are completely free, unless residents have income (which is any source of money other than a monetary gift for birthday or Christmas such as unemployment or disability). All income, with the exception of a family member giving a resident up to \$100.00 per week when food stamps are not available, or \$50.00 a week when food stamps are received, is subject to the income guidelines below. We utilize food stamps if the resident is able to get them, and if not, we utilize things such as local food banks for those who don't receive state benefits. When approved, the residential facilities will be participating in the State Food Stamp Program. All rules for those agencies must be followed. Once work is found, residents are required to follow through with a budget plan so that their resources are being used wisely.
2. 30% of all income will be paid to One Eighty for rent with a \$375.00 cap per person per month, 20% for personal spending, 10% to the Church, and 40% savings. (Personal hygiene and other items including laundry supplies are the residents' responsibility once they have income.)
3. All banking account information will be disclosed to One Eighty. ATM cards, cash, checks, or credit cards will not be used during the resident's stay at the home unless approved by One Eighty staff.
4. One Eighty staff will assist the residents in establishing bank accounts in phase 4 and those accounts will be supervised for the duration of the program for each resident.
5. Resident's cash will be held by the One Eighty bank and dispensed 1-2 times per week as determined by the supervisors. Residents must plan ahead if they need cash for something throughout the week. The cash will be tracked by the house supervisor and documented on the appropriate form with receipts attached including any spending money.
6. All non-essential purchases must be pre-approved and all spending must be documented by receipts turned into supervisor. Residents may not purchase items such as lottery tickets, Kratom, marijuana or any items that do not comply with One Eighty standards of conduct.
7. If a resident chooses to leave the program before completion/graduation or if the residents chooses to be non-compliant with the rules of the program and is asked to leave, an early departure fee will be charged. This fee will be 20% of the money held in the resident's One Eighty account. \_\_\_\_\_ initial

### Phones/Media:

- All phone calls may be monitored during Assessment Phase. Resident’s phone time may be limited if the amount interferes with their program. All callers must be on the pre-approved caller list attached to the application.
- No personal cell phones are allowed in Assessment Phase—Phase 2. A cell phone is allowed beginning in Phase 3 if the resident has the means to pay for it. The phones will still be monitored by One Eighty staff and residents must adhere to all rules.
- Residents may be allowed to have a TV in their room in phase 3 to be used only during free time. All rules regarding media must be followed. This privilege can be taken away if excessive TV watching or gaming becomes an issue. Residents may not use TV during work program hours if they call off for sickness.
- Residents are not allowed on any social media or dating sites, including but not limited to Facebook, Twitter, Instagram, Tiktok, Snapchat, WhatsApp, TextNow, and any other app considered to be social media. You need to disclose passwords to email accounts to supervisors for accountability.
- Also, residents are required to be added to our GPS (Life360) and keep the app on at all times so that we can see where individuals are at for safety and accountability.
- Residents cannot use other resident’s cell phones at any time. \_\_\_\_\_ initial
- Cell phone use is not allowed during program time (except on breaks), meal times, or career training program, unless it’s an emergency (to be determined by staff). This includes listening to music on cell phone during career training program.
- No 411 or information calls may be made from the house phones.
- A lack of cooperation or violation of these guidelines could result in phone privileges being revoked.

### Chores:

Each person will be assigned daily chores which will rotate weekly. An assigned chore list will be displayed for daily chores. Residents should not do chores for another resident unless approved by a house supervisor. All chores need to be done and will be inspected following completion. Employed residents are required to have chores completed prior to leaving for work each morning. Each participant will be assigned a laundry day. \_\_\_\_\_ initial

### Things to bring:

- A Bible
- Alarm clock
- Photo ID or Driver’s License
- Birth Certificate
- Social Security Card
- Medical & Auto Insurance Card
- Food Stamp card
- Two bags of personal belongings limited to: 10 outfits, 7 pairs of pajamas, a bathrobe, slippers, 3 pairs of shoes, jacket or coat, undergarments, and a small bag of personal hygiene items. If the resident doesn’t have personal hygiene items, some will be provided.
- Please do not bring in extra items as space is limited

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### Prohibited items:

- Illegal drugs
- Alcohol, Kratom, CBD, etc.
- Unauthorized Medications
- Unsavory media (books, music, movies, pornography)

### Items to be checked in:

- Cell phone
- ATM/credit cards
- Cash
- Checks

## **Dating/Relationships:**

We **DO NOT** allow dating or pursuing romantic relationships while a resident in the program. The only exception to this is if you enter the program married. \_\_\_\_\_ initial

Examples of dating or pursuing relationships include but are not limited to:

- Sex/any sexual activity or romantic physical touch (holding hands, kissing, sitting closely, etc.)
- One on one conversations with the opposite sex (phone conversations, texting, emails, in person)
- Meeting up with someone privately or at AA meetings, etc.
- Calling an ex
- Showing special interest in a friendship with man or woman more so than other individuals

If staff recognizes these behaviors, it may result in probation or termination of the program. We recognize that it is natural to feel a romantic attraction to the others, but acting upon that is a choice. Being honest if confronted or if you have made a mistake goes a long way.

## **Reasons for “No Dating” Policy:**

1. The number one reason why people relapse or walk away from the program/or faith is usually connected to a romantic relationship. This can happen because of stress relationships cause or false hope in the relationship that things will be better together before individuals have fully recovered.
2. We are pro-marriage and pro-single at the same time. However, we have seen that more often than not, relationships that last and become strong are made of individuals who have a solid foundation in Christ and know themselves. That is what this year of singleness is all about. We want you to remain single in the program so that you can be ready for relationships the way God intended.

\*If you are married there may be specific guidelines/boundaries given to you by the house supervisors. Upon entering the program you will discuss with supervisors a plan for visits, etc with you spouse.

## **Complaints:**

If individuals have concerns about the operations of One Eighty, they should talk to the One Eighty house supervisor, or bring it to the monthly forum. The concerns will be passed onto the appropriate leader/staff. They will be taken under further review. These concerns should not be discussed with other people, either inside or outside the ministry. The residents are also provided with a number for the Board of Directors where they may leave a message about any concerns they have. This number is posted in the houses and around campus.

\*These rules and regulations are subject to change at any time without prior notice by the leadership of this program. These rules and regulations may be slightly different for certain individuals for specific reasons. Altering the schedule for one does not necessitate altering for all.



## Intake/Registration Information

Residents are first approved by the One Eighty Leadership, and then final approval is made by the intake team.

### Admission Criteria

We believe we are all created equal, no matter social status, money, or race. All residents will be treated the same, however, with individual attention and care. Our residents must be at least 18 years of age. They must be teachable, willing to allow Jesus Christ to change their life, and be ready to submit to the authority and the rules placed in front of them.

*We reserve the right to have an individual removed from the program for breaking one or a combination of the guidelines. \_\_\_\_\_ initial*

### Personal Information

Date: \_\_\_\_\_

Full Name: \_\_\_\_\_

Current Address:

Street: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Are you currently incarcerated? \_\_\_\_\_ If so, where? \_\_\_\_\_

At graduation you will receive a ring. Would you prefer: Silver or Black Ring Size: \_\_\_\_\_

Gender: Male Female

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Race: \_\_\_\_\_ Ht: \_\_\_\_\_ Wt: \_\_\_\_\_ Eye Color: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Please list any allergies you have: \_\_\_\_\_

Are you a U.S. citizen? Yes No

Do you own a vehicle? Yes No

Do you have valid driver's license? Yes No Active auto insurance? Yes No

Are you currently employed? Yes No

If so, where? \_\_\_\_\_

What is the longest time you have been employed? \_\_\_\_\_ Where? \_\_\_\_\_

Do you have a payee? Yes No

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Who referred you to One Eighty or how did you hear about it? \_\_\_\_\_

Do you know anyone currently in the One Eighty program or a graduate? If so, list them here \_\_\_\_\_

After completing this program what would you like to be different in your life?

With whom have you been staying? \_\_\_\_\_

Reason for leaving? \_\_\_\_\_

### Education

Please the last grade you completed: 1 2 3 4 5 6 7 8 9 10 11 12 College 1 2 3 4 5+

Describe other training, certificates, diplomas, etc.:

Describe any learning disabilities/difficulties you have:

### Work Experience

Describe your skills, or employment history. (What type of work have you done in the past?)

Do you have any limitations that will make it difficult to participate in the career training program (25-30 hrs/week)?

\_\_\_ Yes \_\_\_ No If yes, please explain \_\_\_\_\_

Are you currently on or have applied for SSI/SSD? \_\_\_ Yes \_\_\_ No Which one? \_\_\_\_\_

Are you currently receiving unemployment? \_\_\_ Yes \_\_\_ No

Do you have any other income? \_\_\_ Yes \_\_\_ No If yes, please explain \_\_\_\_\_

## Health Information

Rate your physical health: \_\_\_ Very Good \_\_\_ Good \_\_\_ Fair \_\_\_ In Decline

### List all present and past:

Physical illnesses, handicaps, and hospitalizations:

\_\_\_\_\_

Have you had previous substance abuse treatment? If so, where, what dates and did you successfully complete the treatment program? \_\_\_\_\_

\_\_\_\_\_

Doctor's name: \_\_\_\_\_ Doctor's phone #: \_\_\_\_\_ Date of last medical exam: \_\_\_\_\_

Problems noted by the doctor at that time: \_\_\_\_\_

List any medical conditions that require regular visits to the doctor:

\_\_\_\_\_

How often are these visits necessary? \_\_\_\_\_

Have you ever had or have STD's? Yes No

List all medications being taken: \_\_\_\_\_

\_\_\_\_\_

Medications prescribed by (Doctor): \_\_\_\_\_ Phone: \_\_\_\_\_

Have you used drugs for non-medical purposes? Yes No

If "yes", list all drugs ever used and approximate dates and length of use:

\_\_\_\_\_

\_\_\_\_\_

Are you currently using drugs? Yes No Last time you used? \_\_\_\_\_

How often did you use? \_\_\_\_\_

What is your "drug of choice"? \_\_\_\_\_

What is the name of your normal hang out place: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Are you sober? Yes No If "yes", how long? \_\_\_\_\_

Alcohol of choice? \_\_\_\_\_ Tobacco use? \_\_\_\_\_

Have you ever prostituted yourself? Yes No Have you ever been physically or sexually abused? Yes No

### Circle all of the health problems you have now or have had in the past:

Tuberculosis	Hearing Loss	Hypoglycemia	Poor Eyesight	Backache
STD	Colitis	Blackouts	Epilepsy	Leukemia
Ulcers	Pneumonia	Bronchitis	Kidney	Cancer
Toothache	Depression	Glaucoma Anemia	Hepatitis C	

List any other health conditions we should be aware of: -

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Do you have any existing dental problems? Yes No Personal Dentist's Name: \_\_\_\_\_

Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Do you have medical insurance? Yes No

Insurance Company's Name: \_\_\_\_\_ Policy number: \_\_\_\_\_

Are you currently signed up to receive a medical card? \_\_\_\_\_ If so, in IA, IL or other state? \_\_\_\_\_

Are you currently enrolled to receive food stamps through an EBT card? \_\_\_\_\_

Have you ever been diagnosed with mental illness? Yes No Diagnosis: \_\_\_\_\_

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Have you ever been hospitalized for this? Yes No If so, when? \_\_\_\_\_

Have you ever had any therapy or counseling? Yes No

Current Counselor/Therapist: \_\_\_\_\_ Date last met: \_\_\_\_\_

Have you ever attempted suicide? Yes No If "yes", explain the circumstances: \_\_\_\_\_

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Do you currently have suicidal thoughts? Yes No Do you hear voices in your head? Yes No

Are you currently or have you ever been self-abusive? Yes No

If yes, please explain \_\_\_\_\_

Is there any history of mental illness in your family? Yes No

If so, in whom? \_\_\_\_\_

Do you suffer from: Depression Anxiety Fear PTSD (Circle any that apply.)

Anything else? \_\_\_\_\_

If so, please explain: \_\_\_\_\_

Do you currently have an order of protection on anyone? Yes No Do you have a copy of the order? Yes No

Briefly describe that person physically and write out their full name/phone number:

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Do you now or have you ever had an eating disorder? Yes No

If so, please explain: \_\_\_\_\_

Have you ever received treatment for an eating disorder? Yes No

Are you currently or have you ever been part of a gang? Yes No Do you have difficulty sleeping? Yes No

Are you currently homeless: Yes No

Briefly describe yourself including the following: likes, dislikes, best qualities, hobbies, goals, interests, etc.

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List one goal you have for 30 days from now:

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List one goal you have for when you complete the program:

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### Marriage and Children

Relationship status: Single Married Divorced Separated Widowed Dating

Name of significant other: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ Age: \_\_\_\_\_ Occupation: \_\_\_\_\_ Length of time in relationship: \_\_\_\_\_

Do you feel safe in this relationship? Yes No Are you seeking to end this relationship? Yes No

Do you have any previous marriages? Yes No If "Yes", please provide how many times you have been married \_\_\_\_\_

Provide brief information about previous marriages: \_\_\_\_\_

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List all your children. For each child list Name, Age, Gender, Grade, Where they currently live and who is caring for them/current guardian if they are a minor, any DHS involvement, and if child is older list their Marital Status:

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If DHS is involved do you have any upcoming court dates? If so, please list: \_\_\_\_\_

DHS worker name and contact information: \_\_\_\_\_

Are you currently pregnant? Yes No Due date: \_\_\_\_\_ Are you responsible for child support? Yes No

If "Yes", please explain your payment arrangements: \_\_\_\_\_



**Legal Information**

Have you ever been arrested? Yes No      Have you ever been charged with a DUI? Yes No

If "yes", please list:      Dates:      Charges:

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Are you currently incarcerated? Yes No      If yes, where? \_\_\_\_\_

Approximately how much of your life has been spent being incarcerated? \_\_\_\_\_

Are you on parole/probation? Yes No

If "yes", parole/probation officer's information:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Do you have any charges/warrants pending in the United States? Yes No

If yes, please explain: \_\_\_\_\_

Attorney's information: Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Do you have any upcoming court dates? Yes No

If yes, please explain: \_\_\_\_\_

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**Religious/Faith Background**

Are you a member of a church? Yes No      What denomination did you grow up in (if any)? \_\_\_\_\_

Church Name: \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_

Pastor's Name: \_\_\_\_\_ Phone #: (\_\_\_\_) \_\_\_\_\_

How often do you pray? Often      Sometimes      Never

How often do you read the Bible? Often      Sometimes      Never

Are you going to heaven when you die? Yes No I don't know

Do you believe Hell is a real place? Yes No I don't know

Explain any recent changes in your spiritual life: \_\_\_\_\_

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## Family History

Are your parents still living together? Yes No If "No", in what year were they separated? \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Living Deceased Occupation: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Living Deceased Occupation: \_\_\_\_\_

Rate your parent's marriage: Very Happy Happy Unhappy

Which parent were you closest to as a child? Mother Father Other caregiver \_\_\_\_\_

Describe your relationship with each of your parents, both now, and as a child:

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Would you consider that they were strict or lenient? \_\_\_\_\_

Do your parents attend church? Yes No

Were you raised by anyone other than your parents? Yes No

If "Yes", please explain: \_\_\_\_\_

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Do you have step-parents? Yes No Names: \_\_\_\_\_

Describe your relationship with each of them: \_\_\_\_\_

How many brothers and/or sisters do you have? Brothers \_\_\_\_\_ Sisters \_\_\_\_\_

Current relationship with your siblings: \_\_\_\_\_

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Are there any addictive problems in your family? Yes No If "Yes", please explain:

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Have you, your parents, or grandparents ever been involved in any occult, cultic, New Age, or witchcraft? Yes No

If "Yes", please explain in detail:

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Is there history in your family of any of the following:

Heart Disease

Hyperglycemia

Glandular issues

Diabetes

Cancer

High or Low Blood Pressure

Hypoglycemia

Ulcers

Mental Health Issues

## Miscellaneous Information

List your 5 favorite musicians/musical groups.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

How much television do you watch in a week? \_\_\_\_\_

How many hours of video games do you play in a week? \_\_\_\_\_

Favorite movie? \_\_\_\_\_

Favorite book? \_\_\_\_\_

Do you journal? Yes No

Are you a veteran? Yes No

If yes, please explain: \_\_\_\_\_

Are you currently handicapped, physically or mentally? Yes No

If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

Explain why you have applied to One Eighty: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Circle below any feelings that describe your life:

- |          |              |            |          |          |
|----------|--------------|------------|----------|----------|
| Inferior | Extreme Fear | Anger      | Hatred   | Confused |
| Worry    | Guilty       | Pride      | Lost     | Good     |
| Doubt    | Bitter       | Inadequate | Insecure |          |

Anything else that we should know about you?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Approved Caller List

Name and Relation	Phone Number
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____
8. _____	_____
9. _____	_____
10. _____	_____

**All incoming and outgoing mail will be subject to reading by the staff. Please list all persons that you may be sending mail to or receiving mail from:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

## Application Signature

I have carefully read and understood all of the rules and regulations, and I accept this development method of ministry. I agree to keep all rules and regulations. I understand that any flagrant or repetitive violation will be grounds for my dismissal from One Eighty.

I understand that my admission to One Eighty and my continued residence is dependent upon my openness to what is taught at One Eighty. My willingness to help myself including chores and duties as assigned is important.

I agree that I will not hold One Eighty liable in any connection therewith for any incident which might occur involving my personal injury or loss or damage to my property during my stay at One Eighty.

I authorize all statements contained in this application to be investigated. I understand that any false or misleading information given in my application or interview may result in my termination from One Eighty.

In the event that I quit or leave One Eighty for unknown reasons, I understand that One Eighty is not responsible to provide a ride to me to any location. I further understand that if I were to leave One Eighty without notice, I must take all my belongings with me, and will have 48 hours to pick up the rest of my belongings under supervision. One Eighty will not be responsible for storage or shipment of any of my personal belongings.

I understand that as a resident, I am advised that the house supervisors reserve the right to have any resident in the program participate in random alcohol or drug testing and/or room searches. I also understand that by signing this One Eighty has the right to promote by my first name and potentially pictures. One Eighty will not make public any private information or last names.

I authorize the staff of One Eighty to investigate/discuss the details of my criminal history and background check with other agencies that I may work with during my time at One Eighty.

I have read the rules, phases, and the above requirements and agree to comply upon request.

I agree to allow One Eighty to use pictures that I am in for promotional purposes to support the mission of One Eighty.

By signing below, you are certifying that the answers and statements within this application are true and accurate to the best of your knowledge, and you give continual permission to be drug or alcohol tested at any given time.

Applicant's Signature \_\_\_\_\_

Date \_\_\_\_\_

Printed Name \_\_\_\_\_

Approved/Not Approved By \_\_\_\_\_

Comments: \_\_\_\_\_

## Resident's Agreement

### One Eighty Residential Program

Any violations of the preceding rules will be subject to discipline, either immediately or following up to three days of prayer by the leadership, depending on the severity of the infraction. Once the leadership has prayed and discussed the appropriate action to be taken, we will meet with the resident and his/her mentor/advisor to discuss the consequences.

In the case of physical contact or verbal abuse toward anyone, or the possession of any alcohol or mind-altering substances, the violation would result in immediate discharge from the program.

I also agree to and understand that in the event I leave the program before graduation, whether by my own choice or if asked leave due to violations as the rules as stated, there will be an early departure fee/administrative fee of 20% of the residents savings in the One Eighty bank.

I have read all of the rules and guidelines. I understand each of them as well as the above information. \_\_\_\_ (Initial)

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Resident (Printed name)

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Signature (Resident)

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(Date)

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Intake team member

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Intake team member